



THE UNIVERSITY OF THE THIRD AGE

## **Glen Eira University of the Third Age**

### **2022 Courses**

24 June 2022

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## Painting and Drawing

### **22ART10: ART APPRECIATION - Movies with Allan**

**Type: Long Course**

**Dates: 08/02/2022 - 25/11/2022**

**Frequency: Fortnightly, Tue 13:30 - 15:30**

**Location: Glenhuntly PC Room 1151 Glenhuntly Road**

**Tutor: Allan Kleimann**

Movies of the life and times of famous artists. -The movies are produced by one of the UK's leading independent producers( exhibition on Screen-EOS), of high quality documentary films on art. - EOS is the originator and pioneer of bringing exhibition art films to the cinema. - Working with top international museums and galleries EOS create films which offer an authentic immersion into the world's best loved art, accompanied by insights from world - Leading historians and art critics. - Since launching in 2011 EOS has released 26 films- shown in over 66 countries.

Start dates for semesters 1 and 2 are 8 Feb and 12 Jul respectively. Note that 1st Nov is a public holiday and the next class will be on 15 Nov.

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### **22ART09: Chalk Pastel Drawing**

**Type: Long Course**

**Dates: 09/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Wed 9:30 - 11:30**

**Location: Glenhuntly Art Room 1151 Glenhuntly Road**

**Tutor: Kylie Castan**

Studio subjects with an emphasis upon 'Verism' using chalk pastels to capture 'en plein air' themes. Pencil sketches with pastel applications.

Tutor is RMIT Honours Fine Art Graduate, 1994. Extensive art practice and tutoring over 15 years U3A. Please note that the tutor is fully vaccinated.

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### **22ART03: Drawing**

**Type: Long Course**

**Dates: 09/02/2022 - 25/11/2022**

**Frequency: Fortnightly, Wed 13:15 - 15:15**

**Location: Glenhuntly Art Room 1151 Glenhuntly Road**

**Tutor: Ellie Potter**

This course is for anyone who wishes to learn and/or improve drawing skills. Skills will be developed through the application of basic elements and principles of drawing. Equipment needed: A3 Sketch Book, lead or coloured pencils or pens, kneadable eraser. The course focuses on drawing from life.

Starting dates for semesters 1 and 2 are 9 Feb and 13 July, and then run fortnightly.

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### **22ART04: Painting - Any Medium**

**Type: Long Course**

**Dates: 07/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Mon 13:00 - 15:30**

**Location: Glenhuntly Art Room 1151 Glenhuntly Road**

**Tutor: Ancita Beale**

This is a Course for those who wish to further their understanding and practice in a medium of their choice. You will be encouraged to research traditional techniques and experiment with your own ideas to create original works using elements and principals of art as you build confidence and discover the artist in you.

Tutor will discuss and advise you at the first lesson. Suggested materials and equipment: A3 Visual Diary, Paints, Painting medium and surfaces, brushes, palettes, small towel/tablecloth to protect your personal working space, table-top easel if required. There are a limited number of studio easels for use in the art room. N.B. For H&S reasons only odourless solvents permitted Ancita Beale has taught Visual and Performing Arts at Secondary School level and since retirement has been a volunteer tutor in these disciplines at Glen Eira U3A. As a member of The Glen Eira Artist Society, Hughesdale Art Group and Watercolour Society of Victoria she maintains a keen interest in painting and enjoys sharing her experiences and love of the arts as a tutor.

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### **22ART05: Painting – Self Help**

**Type: Long Course**

**Dates: 10/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Thu 11:00 - 13:00**

**Location: Glenhuntly Art Room 1151 Glenhuntly Road**

**Tutor: Susan Blackburn**

This is a course for people with some experience of painting in acrylics, oil or watercolour, who are happy to work independently. Join a group of enthusiastic painters who want to share ideas and inspire each other to build on skills.

Please note that this is not a course for beginners: there is no tuition. We learn through practice and from each other. You will need to supply your own materials and equipment. Please bring a small cloth to protect your own working space.

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**22ART01: Watercolour Painting- Self Help**

**Type: Long Course**

**Dates: 08/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Tue 13:00 - 15:30**

**Location: Glenhantly Art Room 1151 Glenhantly Road**

**Tutor: Ancita Beale**

Do you have some experience with Watercolour Paintings? Are you happy to work independently and share the joys of your experience with like minded artists? Join a group of enthusiastic watercolour artists to share ideas and inspire each other to build on skills. Note: This is a Self Help' course and it is only for those who are experienced and independent watercolourists.

Participants will need to supply their own materials and equipment. Please bring a small towel/tablecloth to protect your personal working space. Ancita Beale has taught Visual and Performing Arts at Secondary School level and since retirement has been a volunteer tutor in these disciplines at Glen Eira U3A. As a member of The Glen Eira Artist Society, Hughesdale Art Group and Watercolour Society of Victoria she maintains a keen interest in painting and enjoys sharing her experiences and love of the arts as a tutor.

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**22ART06: Watercolours for Beginners and Advanced**

**Type: Long Course**

**Dates: 11/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Fri 9:30 - 11:00**

**Location: Glenhantly Art Room 1151 Glenhantly Road**

**Tutor: John van Loon**

This course is suitable for beginners and more advanced students. Please bring the following: - Drawing pad, 2B pencils, eraser and pencil sharpener. - Three round watercolour brushes: small, medium and large Need to be of reasonable quality. - Watercolour paint can be in pans or tubes. Suggested brands: Winsor & Newton, Art Spectrum, Royal Talens or Cotman. - Essential colours: Ultramarine blue, Cadmium Yellow and Vermillion red; also raw and burnt Sienna. Optional colours: Cerulean blue, Lemon yellow, Rose madder, Payne's Grey and Sap green permanent. - An old white plate or palette for mixing colours and a cloth or towel for cleaning and drying. A jar for water, and paper towels come in handy.

Unfortunately, art materials are not cheap but with inferior quality materials it is impossible to produce quality work and the good thing is, after the initial outlay, you will have many years of enjoyment from your first purchase. I still paint quite often and now my expenses are less than the cost of a cup of coffee per week.

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## Computers

**22COM09: Create a Photobook 2**

**Type: Short Course**

**Dates: 13/07/2022 - 17/08/2022**

**Frequency: Weekly Course, Wed 13:00 - 15:00**

**Location: Glenhantly PC Room 1151 Glenhantly Road**

**Tutor: Erica Hurwitz**

Transform all those special photos on your mobile or computer into a beautiful photobook, using Snapfish program. Basic computer skills are required.

BYOD (bring your own device) and for this course it should be a laptop. All your photos must be in digital format and stored on your laptop. Tutor has been using the Snapfish program and creating photobooks for 10 years. Tutor has successfully run 3 courses at U3A. Tutor is fully vaccinated. Note - This course is open for all members irrespective of their covid vaccination status.

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**22COM08: Hosting Zoom Meetings**

**Type: Short Course**

**Dates: 13/09/2022 - 27/09/2022**

**Frequency: 2 Week Course, Tue 13:45 - 14:45**

**Location: Glenhantly PC Room 1151 Glenhantly Road**

**Tutor: Richard Salomon**

Most of us have already participated in a zoom meeting hosted by someone else, by simply using a link supplied by the host. If you would like to host your own meetings, but you don't know exactly how, or need to build up more confidence in doing so, then this is the course for you. This course contains some hands-on practice opportunities.

You will need to bring your own Wi-Fi enabled device to the classes to get the maximum benefit from this course. Make sure that you have a suitable power adapter (charger) with you, and all your required passwords (if any) to fully operate your device. Richard is an experienced IT educator. Minimum enrolment - 4.

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## Dancing

### **22DAN06: Israel Dancing (Marsha) Beginners**

**Type: Long Course**

**Dates: 24/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Thu 9:30 - 10:30**

**Location: Caulfield Senior Citizens Hall 8 Cedar Street Caulfield South**

**Tutor: Marsha Erlich**

Israel Dancing is an excellent form of exercise, which helps in co-ordination and is also beneficial for the mind. It is a great way to socialise.

Please wear runners and bring a bottle of water. COVID Safety ===== Members must sign in on both Attendance sheet and will be requested to use the QR CODE at the venue. Tutor is an Israeli Dance Teacher with many years of experience. She has taught Israeli Dancing since 1994 at various Israeli Dancing Clubs. Please note that Marsha Erlich is fully vaccinated. Increased the max enrolment to 60 at tutor's request. Still the course is restricted to double vaccinated members only.

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### **22DAN08: Israel Dancing (Marsha) High Intermediat**

**Type: Long Course**

**Dates: 24/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Thu 12:30 - 14:00**

**Location: Caulfield Senior Citizens Hall 8 Cedar Street Caulfield South**

**Tutor: Marsha Erlich**

Israeli dancing is an excellent form of exercise which helps in co-ordination and is also beneficial for the mind and is a great way to socialise.

Please bring runners and a bottle of water. Tutor is an Israeli Dance Teacher with many years of experience. She has taught Israeli Dancing since 1994 at various Israeli Dancing Clubs. Please note that Marsha Erlich is fully vaccinated.

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### **22DAN05: Israeli Dancing (Ilana) Advanced**

**Type: Long Course**

**Dates: 08/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Tue 11:30 - 12:30**

**Location: Caulfield Senior Citizens Hall 8 Cedar Street Caulfield South**

**Tutor: Ilana Cohen**

Israeli folk Dancing is a fun exercise. Dancing helps us with our emotional state, with our physical state, sharpens our memory and inflates our social bubble. This is a course for advanced level dancers. Those enrolled in this course are NOT allowed in enrol 22DAN03 (which is meant for beginners).

Must wear comfortable shoes. Runners are best. Must be closed shoes at the back No thongs and NO open back sandals. Bring a bottle of water. Suitable clothing. T- shirt, pants, skirts, shorts, etc Must always wear membership name tag.

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### **22DAN04: Israeli Dancing (Ilana) Intermediate**

**Type: Long Course**

**Dates: 08/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Tue 10:30 - 11:25**

**Location: Caulfield Senior Citizens Hall 8 Cedar Street Caulfield South**

**Tutor: Ilana Cohen**

Israeli folk Dancing is a fun exercise. Dancing helps us with our emotional state, with our physical state, sharpens our memory and inflates our social bubble. This is a course for intermediate level dancers. Those enrolled in this course are NOT allowed to enrol in 22DAN03 (which is meant for beginners).

Must wear comfortable shoes. Runners are best. Must be closed shoes at the back No thongs and NO open back sandals. Bring a bottle of water. Suitable clothing. T- shirt, pants, skirts, shorts, etc Must always wear membership name tag. Increased the capacity to 60. Still the course is restricted to double vaccinated members only.

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### **22DAN02: Tap Dancing - Intermediate**

**Type: Long Course**

**Dates: 21/02/2022 - 21/11/2022**

**Frequency: Weekly Course, Mon 11:00 - 12:00**

**Location: Dynamite Dance Studio Level 1, 760 Glenhuntly Rd Caulfield South**

**Tutor: Sala Rubinstein**

This Intermediate course will introduce more difficult tap dancing techniques. It is for members who have progressed through the beginners' class and have been assessed and approved by the tutor to enroll in this class.

Note that the start date is 21 Feb. Please note that the tutor is fully vaccinated.

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## Discussion and Lecture

### **22DIS09: An Introduction to the Science of Climate**

**Type: None**

**Dates: 03/08/2022 - 19/10/2022**

**Frequency: Weekly Course, Wed 11:00 - 12:30**

**Location: Glenhuntly PC Room 1151 Glenhuntly Road**

**Tutor: Ian Galbally**

The course will consist of ten sessions of one and a half hours each. Five sessions will be devoted to what controls the Earth's climate, how the climate has varied in the past due to natural causes, and how some human activities are now the major factor causing climate change. The second five sessions concern identifying what actions can reduce climate change, what actions will help us adapt to the changing climate and how climate change fits into the framework of global sustainability.

Requirements: a curiosity and interest in pursuing this subject, no requirement for formal education in science. The sessions will be roughly half presentation of material and half discussion. Ian Galbally has worked in atmospheric science for CSIRO for over 50 years. He has had the good fortune to be involved in projects such as the Baseline Air Pollution Monitoring Station at Cape Grim Tasmania, Australia's National Greenhouse Gas Inventory and within the Intergovernmental Panel on Climate Change (IPCC) developing international guidelines for countries to report their national greenhouse gas emissions. This course was held in 2021 at U3A Glen Eira and U3A Sunbury. Starting date has been changed from 13/07 to 03/08 based on the advice from the tutor after consulting course members (CP - 23/06).

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### **22DIS11: Book overseas travel without an agent**

**Type: Short Course**

**Dates: 27/10/2022 - 17/11/2022**

**Frequency: Weekly Course, Thu 10:00 - 13:00**

**Location: Glenhuntly PC Room 1151 Glenhuntly Road**

**Tutor: John Storey**

Learn how to plan and book round world travel without a travel agent. Book flights, rail, car leasing, car hire and accommodation. Use credit cards and frequent flyer points to best effect. The tutor has extensive experience travelling on four continents.

Ability to use: internet search engine computer based calendar online purchasing with credit or debit card Note - This course is open for all members irrespective of their covid vaccination status.

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### **22DIS13: Consumer Psychology**

**Type: Short Course**

**Dates: 15/07/2022 - 19/08/2022**

**Frequency: Short Weekly Course, Fri 10:00 - 11:30**

**Location: Glenhuntly PC Room 1151 Glenhuntly Road**

**Tutor: Julie Badger**

This six-week course focuses on the psychological processes involved when we make decisions about our behaviour as consumers. Topics covered include Perception, Motivation, Learning, Personality, Attitudes and Values. We finish with a discussion of the consumer society we live in, and consider alternative economic and social approaches

Julie has qualifications in both Psychology and Marketing and 15 years' experience tutoring at tertiary level. Tutor is fully vaccinated with 4 doses.

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### **22DIS06: Current and International Affairs**

**Type: Long Course**

**Dates: 07/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Mon 10:00 - 12:00**

**Location: ZOOM ONLY**

**Tutor: Michael Shamir**

Includes current issues: - Australian current and international affairs - Middle east, Israel, Turkey, Iran - China geopolitical, economy, military and international - Taiwan, JAPAN and the pacific - Russia, Libyan and Syrian War - Rights of Israel to exist - USA internal and external affairs - From Karl Marx to BLM and Antifa - Biblical stories in relation to current issues (not religious)

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**22DIS10: Growing up in Melbourne in the 1950s**

**Type: Long Course**

**Dates: 08/08/2022 - 21/11/2022**

**Frequency: Weekly Course, Mon 10:30 - 12:00**

**Location: Glenhuntly Gold Room 1151 Glenhuntly Road**

**Tutor: Susan Blackburn**

What was it like to be a child in Melbourne in the 1950s? If you know, then this is the course for you. The aim is to make oral recordings of people who were between the ages of 5 and 15 in Melbourne during the 1950s. We will not record your life story, just select memories that reveal an aspect of your life as a child in the city during that decade. Examples: what it was like to grow up in a particular suburb or ethnic group, or how polio affected family life, or how you experienced schooling. We can record memories for the state library oral history collection.

You must have been a child in Melbourne for at least two years in the 1950s, and be prepared to record memories about that time. The tutor, Susan Blackburn, has edited a book entitled *Growing Up in Adelaide in the 1950s* (Hale & Iremonger 2012). She has also taught history at tertiary level.

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**22DIS12: Kitchen Remedies**

**Type: Short Course**

**Dates: 20/07/2022 - 31/08/2022**

**Frequency: Fortnightly, Wed 13:30 - 15:00**

**Location: Glenhuntly Gold Room 1151 Glenhuntly Road**

**Tutor: Rebecca Wilkins**

We'll explore how our kitchen cupboards contain simple remedies for common minor ailments, from thyme and honey for dry coughs and toothpaste for stings. Bring remedies from your own background to share with the class! Please note that all information on the course will be general in nature and not designed to treat any medical conditions you might suffer from. Please consult your doctor for any specific illnesses.

Becca is a fully qualified homeopath, and as part of her Bachelor in Health Science (Homoeopathy), she studied Nutrition and Herbal Medicine for 2 years each.

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**22DIS01: News - Your Views**

**Type: Long Course**

**Dates: 07/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Mon 10:00 - 11:00**

**Location: ZOOM ONLY**

**Tutor: Abe Berman**

A group discussion of current and past topics from the news.

Note that this is a Zoom Only Course throughout the whole duration of the course.

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**22DIS04: Poetry Reading**

**Type: Long Course**

**Dates: 11/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Fri 9:30 - 10:30**

**Location: Glenhuntly Gold Room 1151 Glenhuntly Road**

**Tutor: David McVilly**

Participants in turn bring copies of their favourite poems, read and lead a discussion. The tutor is a lover of poetry, but far from an expert, so everyone contributes.

Just be a person who likes poetry or who has memories of poems learnt at school, eg you learnt Maori song in New Zealand. Tutor is fully vaccinated. Please note that this course will remain as a covid restricted course and restricted to double vaccinated members even during the second semester.

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**22DIS08: The Ancient Wisdom**

**Type: Long Course**

**Dates: 08/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Tue 19:30 - 21:30**

**Location: ZOOM ONLY**

**Tutor: Andrew Rooke**

We look at the great questions of life as reflected in the religions and philosophies of the world along with the latest scientific discoveries. We have a wide variety of lecturers from many philosophical and religious backgrounds giving their perspectives on the great philosophical and scientific questions of the ages. Issues such as: the purpose of life; the existence of divinity; what possibly happens after death; karma and reincarnation; past life regression; psychic powers; spiritual evolution and the hidden history of mankind; spiritual initiation; the masters of wisdom; the nature of the self; how the One becomes the Many; meditation; astronomy and astrology; the history of philosophy and science, and many other related subjects. We also examine in detail the world's great religions and some of the lesser known religions and philosophies using PowerPoint, videos, meditations, and music from many lands and traditions. We present a wide variety of views and leave it up to class members to make up their own minds.

There are no academic prerequisites or requirements of any kind for this course - except - to have an open mind and willingness to discuss ideas without prejudice. The course is coordinated and most of the lectures are given by Andrew Rooke, former Chief Librarian of Monash Health with BA (Hons) specializing in Buddhism in China and Master of Librarianship specializing in the development of libraries in developing countries, especially Africa. Andrew spent many years working in Australia, Africa and the USA in university and medial libraries. He is the National Secretary of the Theosophical Society Pasadena in Australasia and draws on the expertise of members of the Theosophical Society and other spiritual and religious organizations in Australia and around the world for our lectures. Andrew is the author of many journal articles and the editor of books on spiritual subjects and librarianship. He is the founding editor of the online magazine, Theosophy Downunder, which is available to all members of the course who would like to receive it four times per year. Members of the course can also borrow from the Theosophical Library in Glenhuntly Rd., Caulfield, when COVID restrictions allow us to open.

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## English as a second language

**22ESL02: English as an additional language (EAL)**

**Type: Short Course**

**Dates: 12/07/2022 - 25/11/2022**

**Frequency: Weekly Course, Tue 9:30 - 11:30**

**Location: Glenhuntly PC Room 1151 Glenhuntly Road**

**Tutor: Ruth Arber**

This course is for all those who want to practise speaking, listening, reading and writing in English. Our classes will take a thematic approach towards the development of English language knowledges and skills. The experiences, interests and multilingual competencies of the students will decide the class direction.

Prerequisites - None. Dr Ruth Arber taught and lectured in EAL (formerly known as ESL) education in schools and then at Deakin University until her recent retirement. She is looking forward to teaching this course. Dr Ruth is double vaccinated.

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**22ESL01: Improve Your English**

**Type: Long Course**

**Dates: 10/02/2022 - 24/11/2022**

**Frequency: Weekly Course, Thu 13:00 - 15:00**

**Location: Glenhuntly Gold Room 1151 Glenhuntly Road**

**Tutor: Denise Weiss**

Do you want to improve your spelling, grammar, pronunciation and writing? Is English your second (or third) language? Then come along and improve your English skills. Don't be shy. Come and give it a try.

Some prior English is beneficial. Primary and ESL teacher with many years' experience teaching adults and children.

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## Exercise

### **22EXE03: Advanced Tai Chi**

**Type: Long Course**

**Dates: 08/02/2022 - 22/11/2022**

**Frequency: Weekly Course, Tue 9:30 - 10:30**

**Location: Ormond Senior Citizens Hall 2 Newham Gve Ormond**

**Tutor: David McVilly**

The course is for those who have done 24 Form. We will do the Shibashi and 24 Form and and if we are ready the 42 Forms.

Please wear loose clothing, flat non slip footwear. Be ready for slowness, which is moving meditation. David has been teaching tai chi for 23 years. Tutor is fully vaccinated. Please note that this course will remain as a covid restricted course and restricted to double vaccinated members even during the second semester.

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### **22EXE04: Bike Group**

**Type: Long Course**

**Dates: 07/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Mon 9:30 - 13:30**

**Location: Various Bike Tracks**

**Tutor: Murray Mehmet**

I am calling this a bike group as compared to a cycling group because it is intended for those looking for some pleasant outdoor exercise. Participants need to be reasonably fit and competent on a bike, however it is not a race; we are not the Bay Rd Peloton! Most rides will be on the off-road bike paths that can be accessed from Glenhuntly, however on occasion we may use the train system to access routes further afield such as the Merri Creek, Moonee Ponds Creek and Diamond Creek-Yarra Trail (All activities will be run in accordance with prevailing Covid-19 restrictions, assuming that they have been relaxed and it is permissible and safe to do so)

Participants should feel comfortable riding a bike, and understand that for most rides they will be in the saddle for at least two to three hours. Participants need to have a well maintained bike. Local bike stores will be able to assess and assist you if you are unsure about the appropriateness of your bike. Also be sure to carry a MyKi card with sufficient credit. Please also carry a spare tube for your bike. While we will be able to assist you if you have a flat, a spare tube that fits your bike, will make getting back on the road much quicker.

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### **22EXE02: Cycling Wednesday**

**Type: Long Course**

**Dates: 09/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Wed 9:30 - 14:30**

**Location: Various Bike Tracks**

**Tutor: Paul Shewan**

To explore Melbourne's Bike Path Network. - Need to carry a spare tube in case of a puncture. - Need to carry MYKI card. It is important to separate into 2 groups of at least 10 cyclists. Meet at Glen Eira U3A Glenhuntly campus.

It is important for members to join Bicycle Network for insurance protection. It starts from \$80/year.

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### **22EXE07: Exercise to Music**

**Type: Long Course**

**Dates: 03/03/2022 - 25/11/2022**

**Frequency: Weekly Course, Thu 10:15 - 11:15**

**Location: Carnegie Community Centre 7 Shepparson Avenue Carnegie**

**Tutor: Eva Thieberger**

Fitness, fun and friendship. Exercise to Music focuses on a range of movements and physical activities developed to address the fitness requirements for the over 50s and beyond. Importantly, participants are encouraged to work at their own pace. The class aims to work systematically through a series of routines that include cardio vascular exercise, strength training using weights, balance/coordination practice, stretches to encourage flexibility and floor exercises. Classes conclude with a brief relaxation/meditation session.

**REQUIREMENTS:** a set of light weights, a mat, water bottle, comfortable clothing and footwear. Please note that the classes will not be held 07/04, 14/04 and 21/07 due to double booking. Please note that this course is a covid restricted course and restricted to double vaccinated members even during the second semester.

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**22EXE09: Feldenkrais 2**

**Type: Short Course**

**Dates: 20/07/2022 - 21/09/2022**

**Frequency: Short Weekly Course, Wed 9:30 - 10:30**

**Location: Duncan McKinnon Function room Murrumbeena/North Rds**

**Tutor: Susan Cranage**

Feeling restricted by your inability to move like you used to? Regain your youthful stride with Feldenkrais lessons. Discover new ways of moving by participating in gentle, guided movement lessons suitable for all ages and fitness levels to achieve lifelong improvements. You will need to bring something to lie on, and a towel for head support. Also, wear comfortable clothing.

Please note that the tutor is fully vaccinated.

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**22EXE12: Maggie's Yoga**

**Type: Long Course**

**Dates: 03/03/2022 - 25/11/2022**

**Frequency: Weekly Course, Thu 9:30 - 10:45**

**Location: Duncan McKinnon Function room Murrumbeena/North Rds**

**Tutor: Maggie McPherson**

Yoga Asana, Pranayama, relaxation, meditation, bringing harmony and peace for body, mind and soul.

Yoga Instructor's Certificate Course, at Vivekananda Yoga Research Melbourne. 2002. PostGraduate year at Classical Yoga Blackburn 2006. Member Yoga Australia since 2003. Instructed at Godfrey Street Community Centre for past 8 years. Classes will start on 21 April, after storm damage repairs at the venue.

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**22EXE01: Meditation and Mindfulness**

**Type: Long Course**

**Dates: 07/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Mon 11:45 - 13:00**

**Location: Caulfield Park Sports Club 280 Balaklava Rd Caulfield North**

**Tutor: Tova Seelig**

Learn how to relax, live in the moment, and feel peaceful, calm and positive.

This course will be held at the Caulfield Park Sports Club 280 Balaklava Rd Caulfield. Being punctual is very important. Be in class at 11.45 am to settle for a successful session.

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**22EXE10: Qi Gong**

**Type: Long Course**

**Dates: 10/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Thu 9:30 - 10:45**

**Location: Glenhuntly Green Room 1 1151 Glenhuntly Road**

**Tutor: Carmella Flescher**

Coordinated body-posture and movement, breathing, and meditation to encourage feelings of well-being.

Note - This course is open for all members during the second semester irrespective of their covid vaccination status.

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**22EXE11: Yoga**

**Type: Long Course**

**Dates: 02/03/2022 - 23/11/2022**

**Frequency: Weekly Course, Wed 11:00 - 12:00**

**Location: Duncan McKinnon Function room Murrumbeena/North Rds**

**Tutor: Alice Peer**

This gentle Hatha Yoga class concentrates on stretching, strength work, breathing and deep relaxation. Please wear loose, comfortable clothing and bring a yoga mat. You can also bring a cushion for extra comfort and a blanket to stay warm during deep relaxation. Please note: A yoga mat is essential. Please note that there will be no classes during the first semester.

This course will be held in the Duncan McKinnon Community Room cnr North Rd and Murrumbeena Rd. The tutor is fully vaccinated. Please note that there will be no classes during the first semester.

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## Games

### **22GAM11: Beginners Bridge**

**Type: Long Course**

**Dates: 10/02/2022 - 24/11/2022**

**Frequency: Weekly Course, Thu 11:00 - 13:00**

**Location: Glenhuntly Green Room 2-3 1151 Glenhuntly Road**

**Tutor: Dan Phelan**

The fundamentals of bridge bidding and card-play will be discussed. Before starting the course students should familiarize themselves with <http://bridgeplays.com/BridgeTricks.html>.

Access to the internet is essential as homework will be web based. Tutor has 30 years of Tertiary Teaching and 30 years of playing bridge. Twenty years of tutoring U3A Bridge. Please note that the tutor is fully vaccinated. Note - This course is open for all members during the second semester irrespective of their covid vaccination status.

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### **22GAM21: Beginners Mahjong 4**

**Type: Short Course**

**Dates: 08/09/2022 - 20/10/2022**

**Frequency: Weekly Course, Thu 13:00 - 15:00**

**Location: Glenhuntly Green Room 1 1151 Glenhuntly Road**

**Tutor: Miriam Hicks**

This group is for beginners to learn the game of Mahjong a Chinese Tile game similar to the card game rummy.

Tutor has been playing Mahjong for 5 years and teaching the game on and off for 3 years. Note - This course is open for all members during the second semester irrespective of their covid vaccination status.

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### **22GAM01: Bocce**

**Type: Long Course**

**Dates: 07/02/2022 - 28/11/2022**

**Frequency: Weekly Course, Mon 13:00 - 15:00**

**Location: Glenhuntly Campus 1151 Glenhuntly Road**

**Tutor: Phillip Rosenwax**

Bocce is a healthy outdoors, entertaining and social game. The present friendly group are very keen and have become most skilful. Why not join us?

Phillip Rosenwax is happy to be lead co-ordinator for Bocce on a "self-help" basis.

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### **22GAM07: Bridge Intermediate**

**Type: Long Course**

**Dates: 07/02/2022 - 21/11/2022**

**Frequency: Weekly Course, Mon 9:00 - 12:00**

**Location: Caulfield Senior Citizens 8 Cedar Street Caulfield South**

**Tutor: Arie Meydan**

A 15 minutes presentation on a single topic, followed by supervised play.

Students should be familiar with basic bidding and card play and have at least a year of experience. Tutor is an experienced teacher. Grandmaster and past Victorian representative. There is a possibility that we may not be able to get Caulfield SC for this course on Mondays. If it is the case, then this course will be moved to Tuesdays between 9.00 and 12.00.

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### **22GAM12: Bridge Theory and Practice**

**Type: Long Course**

**Dates: 08/02/2022 - 22/11/2022**

**Frequency: Weekly Course, Tue 13:00 - 15:00**

**Location: Glenhuntly Green Room 2-3 1151 Glenhuntly Road**

**Tutor: Dan Phelan**

This course is a post beginners'course where theory will be given for the first 30 minutes. The remainder of the class will involve bidding and playing hands applicable to the theory given. Brief course notes will be given for each class. Theory to be covered may be suggested by class participants

Tutor has 30 years of Tertiary Teaching and 30 years of playing bridge. Twenty years of tutoring U3A Bridge. Please note that the tutor is fully vaccinated. Note - This course is open for all members during the second semester irrespective of their covid vaccination status.

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**22GAM10: Canasta Self Help / Supervised**

**Type: Long Course**

**Dates: 14/02/2022 - 21/11/2022**

**Frequency: Weekly Course, Mon 13:00 - 15:00**

**Location: Glenhuntly Green Room 1-2-3 1151 Glenhuntly Road**

**Tutor: Arlene Medeiros**

This class is for those with experience playing canasta using rules according to Hoyle. There will not be any actual tutoring in this class. A copy of the rules used at this U3A will be given to class members.

Good understanding of game rules and previous experience. The course will be open for non-vaccinated members from 8 July. Note - This course is open for all members during the second semester irrespective of their covid vaccination status.

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**22GAM19: Cryptic Crosswords for Beginners**

**Type: Short Course**

**Dates: 14/07/2022 - 01/09/2022**

**Frequency: Weekly Course, Thu 14:00 - 15:00**

**Location: Glenhuntly Pink Room 1151 Glenhuntly Rd**

**Tutor: Stephen Moskowitz**

This course will introduce you to the wonderful world of cryptic crosswords. Stephen will cover all the basic fundamentals and different types of clues you will encounter. This will give you the knowledge to tackle the cryptic crosswords with confidence. Warning: Cryptic crosswords can be addictive.

No previous experience required. Stephen has many years of happy experience with cryptic crosswords and has taught this course at the U3A several times earlier. This course is restricted to fully vaccinated members.

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**22GAM06: Duplicate Bridge**

**Type: Long Course**

**Dates: 09/02/2022 - 23/11/2022**

**Frequency: Weekly Course, Wed 12:00 - 15:15**

**Location: Glenhuntly Green Room 1-2-3 1151 Glenhuntly Road**

**Tutor: Liz Brady**

This bridge class follows the rules of duplicate play. Scores are available for each session and online. As in any bridge club, cheats sheets or bridge notes are not permitted. Please note, bidding boxes are required for bidding during the Wednesday Duplicate sessions and players needing to purchase their "Big Buddy" box can do so by contacting either The Bridge Shop 02 9967 0644 or Paul Lavers 02 4295 0870.

It is required that all players are experienced duplicate players, have a thorough knowledge of the rules, bidding and play of duplicate bridge, and are able to play hands within the required time frame for duplicate bridge. Players who are unable to meet these criteria should enrol in the intermediate level class. Use of mobile phone are NOT allowed during play. Please switch off your mobile phones or set them to silent mode before play. Both tutors are fully vaccinated.

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**22GAM22: Intermediate Mahjong**

**Type: Short Course**

**Dates: 14/07/2022 - 25/11/2022**

**Frequency: Weekly Course, Thu 13:10 - 15:00**

**Location: Glenhuntly Green Room 2-3 1151 Glenhuntly Road**

**Tutor: Miriam Hicks**

This course is for the members who have completed Miriam Hick's beginner's course, in the same year.

Tutor has been playing Mahjong for 5 years and teaching the game on and off for 3 years. Note - This course is open for all members during the second semester irrespective of their covid vaccination status. Note: (1) Class starts at 13.10. (2) There will not be classes on 04/08; 01/09; 06/10 and 03/11. This is a closed course during the whole of semester 2 and meant for only those students completed Mahjong Beginners courses of Miriam Hicks. Based on the advice of Miriam, the course coordinator will let the Admin/Reception know who to be enrolled in this course.

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**22GAM20: Learn Lawn Bowls 2**

**Type: Short Course**

**Dates: 07/09/2022 - 26/10/2022**

**Frequency: Weekly Course, Wed 12:00 - 15:00**

**Location: Elsternwick Club 19 Sandham St Elsternwick**

**Tutor: Graeme Lamb**

Learn the basic theory and skills needed to play lawn bowls, both as a social pastime and as a sporting activity. Each week on the green, live skills coaching will be provided to all participants. Graeme Lamb is a qualified Bowls Australia Coach with years of experience in teaching and mentoring both new and experienced bowlers.

The Elsternwick Club is located at 19 Sandham St Elsternwick a short distance from Glenhuntly Rd. You can travel by tram or bus. Ample car parking is available at or near the club. This course is open for all members including covid non-vaccinated members.

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**22GAM14: MAH JONG (Friday)**

**Type: Long Course**

**Dates: 11/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Fri 12:30 - 15:00**

**Location: Glenhuntly Green Room 1-2 1151 Glenhuntly Road**

**Tutor: Jacci Moss**

Come and join our enthusiastic group and play this intriguing game. We play 'Western Mah Jong' in accordance with the publications of Patricia Thompson and Betty Maloney and the 'Glen Eira U3A Local Rules for Mah Jong Groups'. THIS COURSE IS A "SELF HELP" GROUP FOR EXPERIENCED PLAYERS ONLY. IT IS NOT SUITABLE FOR BEGINNERS AS TUITION IS NOT ABLE TO BE PROVIDED.

A copy of "The Mah Jong Player's Companion" by Thompson and Maloney is recommended as only games from their books are recognised. Note - This course is open for all members during the second semester irrespective of their covid vaccination status.

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**22GAM13: MAH JONG (Tuesday)**

**Type: Long Course**

**Dates: 08/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Tue 9:30 - 12:30**

**Location: Glenhuntly Green Room 1-2 1151 Glenhuntly Road**

**Tutor: Trevor Brownrigg**

Come and join our enthusiastic group and play this intriguing game. We play "Western Mah Jong" in accordance with the publications of Patricia Thompson and Betty Maloney and the "Glen Eira U3A Local Rules for Mah Jong Groups". THIS COURSE IS A "SELF HELP" GROUP FOR EXPERIENCED PLAYERS ONLY. IT IS NOT SUITABLE FOR BEGINNERS AS TUITION IS NOT ABLE TO BE PROVIDED.

A copy of "The Mah Jong Player's Companion" by Thompson and Maloney is recommended as only games from their books are recognised. Please note that this course will remain as a covid restricted course and restricted to double vaccinated members even during the second semester.

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**22GAM06A: Reserve players for Duplicate Bridge**

**Type: Long Course**

**Dates: 09/02/2022 - 23/11/2022**

**Frequency: Weekly Course, Wed 12:00 - 15:15**

**Location: Glenhuntly Green Room 1-2-3 1151 Glenhuntly Road**

**Tutor: Liz Brady**

You will be waitlisted on this course, as this is not normal course and meant for those who will be on the reserve list for playing Duplicate bridge on Wednesdays. If you register for this course, you must be willing to fill in at short notice to play in the Wednesday duplicate bridge if the tutor contacts you in advance. This bridge class follows the rules of duplicate play. Scores are available for each session and online. As in any bridge club, cheats sheets or bridge notes are not permitted. Bidding boxes are used for the duplicate session and will be provided.

It is necessary for players to have some experience of playing duplicate bridge. Mobile phones must be switched off during the session. The tutor is fully vaccinated.

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**22GAM08: Supervised Duplicate Bridge**

**Type: Long Course**

**Dates: 11/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Fri 9:00 - 12:00**

**Location: Caulfield Senior Citizens 8 Cedar Street Caulfield South**

**Tutor: Arie Meydan**

Before the supervised duplicate session, time will be allocated to answer questions from the players and discussion on a topic chosen by the tutor.

Students should be familiar with basic bidding and card play and experience of playing with a partner. Tutor is an experienced teacher. Grandmaster and past Victorian representative.

# History

## **22HIS04: Maritime and Military History**

**Type: Long Course**

**Dates: 18/02/2022 - 25/11/2022**

**Frequency: Fortnightly, Fri 9:45 - 11:45**

**Location: Glenhuntly Green Room 2-3 1151 Glenhuntly Road**

**Tutor: Stephen Peterson**

Lectures presented are on maritime and military topics, from any era in history and of any kind of subject, including battles, geopolitics, equipment, key personnel, intelligence matters and any issues related to conflicts on land and sea. Numerous different topics are presented throughout the year. Guest presenters, and presentations by class members interested in doing so, are most welcome. Suggestions from class members for future topics are also welcome and likely to be acted on.

Starting dates for semesters 1 and 2 are 18 Feb and 15 July respectively and then run fortnightly throughout each semester. Note that 15 Apr is a public holiday (no classes) and the next class will be on 29 Apr. Please note that the tutor is fully vaccinated. Please note that this course will remain as a covid restricted course and restricted to double vaccinated members even during the second semester.

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## **22HIS01: The Great Game – Afghanistan 330 BC - 19**

**Type: Short Course**

**Dates: 12/07/2022 - 22/11/2022**

**Frequency: Weekly Course, Tue 10:00 - 11:30**

**Location: ZOOM ONLY**

**Tutor: David Collier**

Afghanistan has a long history of domination by foreign conquerors and strife among internally warring factions. It wasn't until the 1700s that the area was united as a single country. During the 19th century, Britain, looking to protect its Indian empire from Russia, attempted to annex Afghanistan, resulting in a series of British-Afghan Wars (1838-42, 1878-80, 1919-21). This course explores the history of Afghanistan and might offer some understanding of events there at the present.

Interest in politics and world affairs

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## **22HIS06: Yiddish Civilization**

**Type: Long Course**

**Dates: 09/02/2022 - 23/11/2022**

**Frequency: Weekly Course, Wed 11:30 - 13:00**

**Location: ZOOM ONLY**

**Tutor: Henry Erlich**

Our parents' journey from the Yiddish civilization through the holocaust to the distant world of Melbourne, where even the sun shone from the wrong side. The journey is examined by looking at poetry, songs, stories by the great writers, religion as well as questions I asked in about thirty interviews. Examples of the questions are: How did you manage to get on with your life after what you went through? Can it happen again. What does Israel mean to you? Why do you remain a Jew? What is a Jew? Is luck more important than character? Second semester content - The Yiddish civilization was destroyed as a result of the Holocaust, that is a civilization that went for approximately 800 years ended due to human brutality. The question of human capacity to participate in such events is therefore an integral part of Yiddish Civilization. The nature of the civilization is discussed in the second semester, with less emphasis on the cause of the civilization's end. The end however is part of the subject material.

Note that this is a Zoom Only Course throughout the whole duration of the course. This is a continuation of a course from last year.

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## French

### **22LANF04: Advanced French for Fluent Speakers**

**Type: Long Course**

**Dates: 17/02/2022 - 24/11/2022**

**Frequency: Fortnightly, Thu 10:15 - 12:00**

**Location: Glenhuntly PC Room 1151 Glenhuntly Road**

**Tutor: Charles Farah**

We meet every fortnight to enjoy the French language and to socialise in a friendly ambience. We may meet outdoors once every few months. Tutors are coordinators & not teachers. Topics of discussions chosen by participants (such as songs/movies/articles).

Tutors are fully vaccinated. We hope that participants are fluent in French, and able to participate. May and Charles studied French language, grammar, and literature since their childhood. They are fluent in French, & they look forward to converse in French & socialise with other fluent speakers. Start dates for first and second semesters are 17 Feb and 21 July respectively. Changed from Purple Room to PC Room at Tutor's request (09/06) until 13 Oct.

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### **22LANF03: French Conversation A**

**Type: Long Course**

**Dates: 22/02/2022 - 22/11/2022**

**Frequency: Weekly Course, Tue 11:30 - 13:00**

**Location: Glenhuntly Red Room 1151 Glenhuntly Road**

**Tutor: Sue Arnold**

We progress steadily in a relaxed and convivial way practising conversation in French at Lower Intermediate level, using Bien-Dire materials provided by me.

Some knowledge of French language required. Tutor is fluent in reading writing and speaking French at Graduate University level

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### **22LANF02: French Conversation B**

**Type: Long Course**

**Dates: 10/02/2022 - 24/11/2022**

**Frequency: Weekly Course, Thu 9:30 - 11:15**

**Location: Glenhuntly Gold Room 1151 Glenhuntly Road**

**Tutor: Fortuna Schachna**

An organised class with a relaxed atmosphere which is aimed at people who have some knowledge of the language and would enjoy speaking in a friendly atmosphere. Fun activities give everyone a chance to participate.

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### **22LANF01: French Conversation C**

**Type: Long Course**

**Dates: 07/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Mon 13:30 - 15:00**

**Location: Glenhuntly Red Room 1151 Glenhuntly Road**

**Tutor: Margaret Goldberg**

A class with a relaxed atmosphere where people with some knowledge of the language can enjoy speaking in a friendly environment.

Some French knowledge is required.

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## German

### **22LANG01: German Conversation**

**Type: Long Course**

**Dates: 09/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Wed 9:30 - 11:15**

**Location: Glenhuntly Red Room 1151 Glenhuntly Road**

**Tutor: Gerlinde Mohr**

We read easy articles from German newspapers. Talk about current affairs and review grammar if necessary.

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## Hebrew

**22LANH02: Advanced Hebrew**

**Type: Long Course**

**Dates: 07/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Mon 11:45 - 13:15**

**Location: ZOOM ONLY**

**Tutor: Adi Rozen**

This course is an advanced conversational one. It is designed for people who can speak an Intermediate level and would like to improve their conversation skills, vocabulary and their confidence with the spoken language. Please note the tutor is overseas from 5 April. Course will resume on 9 May,

Accomplished or feeling confidence at Intermediate level Hebrew class. Adi Rozen was a lawyer in Israel. I have been living in Australia for 18 years now. I own a business in Melbourne. Hebrew is my mother tongue and I would love to share my knowledge of the language with people who have a desire to learn.

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## Italian

**22LANI07: Italian - Advanced**

**Type: Long Course**

**Dates: 11/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Fri 10:00 - 11:30**

**Location: ZOOM ONLY**

**Tutor: Margherita Arrighi**

This class will explore Italian literature and culture through the works of well-known Italian authors. Students will be introduced to novels and short stories as well as songs and other published material. Students should have a reasonable knowledge of the Italian language.

New students need to be assessed by the tutor prior to enrolment, in order to establish their level of knowledge of the language and fluency.

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**22LANI03: Italian - Group 1**

**Type: Long Course**

**Dates: 08/02/2022 - 22/11/2022**

**Frequency: Weekly Course, Tue 12:00 - 13:30**

**Location: Glenhuntly Pink Room 1151 Glenhuntly Rd**

**Tutor: Charmaine Hart**

We will continue studying through active classroom participation: speaking, listening, reading and writing and we'll work from a range of resources and with the text-book "Nuovissimo Progetto Italiano 1b" units 5,6. As we study the language we'll learn about the culture, history, food and destinations of Italia! Be assured that every week there'll always be homework!! NB: Previously called Ongoing Beginners' Italiano

You'll need to have studied Italiano for at least two-three years. Charmaine Hart has been tutoring Italian Elementary/Pre-Intermediate at U3A Glen Eira for the past nine years. Qualified A1/A2 Cils Universita` per Stranieri di Siena. Note - This course is open for all members during the second semester irrespective of their covid vaccination status.

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**22LANI04: Italian - Group 2**

**Type: Long Course**

**Dates: 09/02/2022 - 23/11/2022**

**Frequency: Weekly Course, Wed 14:00 - 15:30**

**Location: Glenhuntly Purple Room 1151 Glenhuntly Rd**

**Tutor: Charmaine Hart**

Ciao tutti! This is an on-going interactive Italian course. Students will have been learning Italian for about three-four years and will be comfortable speaking about everyday occurrences. You will continue learning through speaking, listening, reading and writing and we'll learn about the culture, history, food and destinations of Italia. We'll work with a range of resources and with the text-book "Nuovissimo Progetto Italiano 1b" units 8,9. NB: Previously called Group 1 Italian.

A good basic knowledge of Italian grammar and conversation is required. NB: New students are welcome but will need to be screened by the teacher before acceptance into the class. Ongoing students take priority. Charmaine Hart has been tutoring Italian Elementary/Pre-Intermediate at U3A Glen Eira for the past nine years. Qualified A1/A2 Cils Universita` per Stranieri di Siena. Note - This course is open for all members during the second semester irrespective of their covid vaccination status.

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**22LANI05: Italian - Group 3**

**Type: Long Course**

**Dates: 09/02/2022 - 23/11/2022**

**Frequency: Weekly Course, Wed 12:00 - 13:30**

**Location: Glenhuntly Purple Room 1151 Glenhuntly Rd**

**Tutor: Charmaine Hart**

Ciao tutti! This is an on-going interactive Italian course. Students will have been learning Italian for about four-five years and will be comfortable making their way through Italia (when possible). As well as the ongoing study of grammar, focus will be given to speaking, listening, reading, and writing; and as we study the language we'll learn about the culture, history, food and destinations of Italia. Students will work from a range of resources and continue with the text-book "Nuovo Progetto Italiano 1b" units 10,11. NB: Previously called Group 2 Italian.

Proficient knowledge of Italian grammar, ability to read and understand pre-intermediate texts, and ability to participate in everyday conversation. NB: New students are welcome but will need to be screened by the teacher prior to acceptance into the class. Ongoing students take priority. Charmaine Hart has been tutoring Italian Elementary/Pre-Intermediate at U3A Glen Eira for the past nine years. Qualified A1/A2 Cils Universita` per Stranieri di Siena. Note - This course is open for all members during the second semester irrespective of their covid vaccination status.

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**22LANI06: Italian - Intermediate 1**

**Type: Long Course**

**Dates: 10/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Thu 9:30 - 11:15**

**Location: Glenhuntly Red Room 1151 Glenhuntly Road**

**Tutor: Margherita Arrighi**

This course is suitable for student who have completed 2 / 3 year studies and have used Nuovo Progetto Italiano A1 and A2. Students will practice reading, writing, listening and speaking taking part in dialogues dealing with everyday topics. They will use a textbook from the series Nuovo Progetto Italiano, as well as other relevant printed material, games and songs. This will ensure a smooth transition from the previous year of studies and /or an easy return to past learners of Italian.

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## Spanish

**22LANS04: Beginners Spanish**

**Type: Long Course**

**Dates: 09/02/2022 - 23/11/2022**

**Frequency: Weekly Course, Wed 9:30 - 11:00**

**Location: Glenhuntly Purple Room 1151 Glenhuntly Rd**

**Tutor: Evelyn Flitman**

A class for people wanting to learn Spanish from scratch. This course assumes no prior knowledge of Spanish.

In the course we will use the book 'Easy Spanish Step-by-Step' by Barbara Bregstein, which all students are encouraged to buy. The teacher writes: I am NOT a native Spanish speaker but I've been trying to learn Spanish for a number of years, and in this process I've come across what I think are some really good ways to get the basics of Spanish fairly quickly. I will not be able to answer all your questions, and when I don't know something I will say so. But I have a pretty good idea of correct pronunciation, and I have also picked up some good tips along the way that native speakers may not be aware of because they learned the language 'by ear' as they were growing up, and not as a 'foreign language' with grammar and rules. Tutor is fully vaccinated.

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**22LANS02: Fluency in Spanish**

**Type: Long Course**

**Dates: 07/02/2022 - 21/11/2022**

**Frequency: Weekly Course, Mon 13:30 - 15:00**

**Location: Glenhuntly PC Room 1151 Glenhuntly Road**

**Tutor: Rebecca Wilkins**

This class will consist mainly of speaking practice, together with some reading and listening. Each week we will use an authentic written or spoken text as a launching point for discussion. Vocabulary extension will be based on the text topic and grammar will be addressed remedially. Topics will be chosen by the class and no textbook is required.

Intermediate Spanish and above. Please note that the tutor is fully vaccinated.

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**22LANS03: Spanish for Post Beginners**

**Type: Long Course**

**Dates: 09/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Wed 11:30 - 13:00**

**Location: Glenhuntly Red Room 1151 Glenhuntly Road**

**Tutor: Helen Lightfoot**

Post beginners' class is for those with a basic vocabulary and basic knowledge of how Spanish works, having completed an introductory or beginners' course. We will have a focus on speaking, using mini talks, dialogues and listening exercises. Pronunciation, reading, writing and grammar will also be included. Topics and vocabulary covered are suitable for visiting a Spanish speaking country and communicating with locals in everyday situations.

Needed to have done a beginner's course. Learning a language is fun and it's a real feeling of accomplishment to communicate effectively in another language. Mucha suerte a todos. Good luck to everyone. Tutor's Knowledge, Experience and Skills - My career as an English as a second language teacher has helped me learn Spanish over the past four years and I've enjoyed every minute of it. Please note that the tutor is fully vaccinated.

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**22LANS01: Spanish Intermediate**

**Type: Long Course**

**Dates: 10/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Thu 11:30 - 13:15**

**Location: Zoom Online course**

**Tutor: Gregory Woodford**

THIS IS NOT A BEGINNER'S COURSE. Objectives of this course are: 1. To have fun within a respectful and courteous environment 2. To work on becoming proficient in Spanish, without any set timetable 3. To use the textbook 'Easy Spanish step-by-step' by Barbara Bregstein as a general guide for the classes 4. To have a balance between writing, reading, speaking and listening in the Spanish language and to practice all of them. 5. To try to have some variety across the lessons. 6. To expose the class to whatever aspects of Spanish language culture that becomes available.

Class members should have had some exposure to the Spanish language. Please note - This course will continue to run as a zoom throughout the year.

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## Yiddish

**22LANY01: Advanced Yiddish Conversation**

**Type: Long Course**

**Dates: 08/02/2022 - 22/11/2022**

**Frequency: Weekly Course, Tue 13:30 - 15:00**

**Location: Glenhuntly Gold Room 1151 Glenhuntly Road**

**Tutor: Anna Harsch**

A Yiddish conversation meeting for people with advanced Yiddish language.

The participant must be a fluent Yiddish speaker. Diane Shonberg is a native Yiddish speaker. She has taught Yiddish and been the leader of conversation classes for the past 5 years.

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**22LANY05: Leycht Yiddish**

**Type: Short Course**

**Dates: 12/07/2022 - 25/11/2022**

**Frequency: Short Weekly Course, Tue 10:00 - 11:30**

**Location: Glenhuntly Green Room 3 1151 Glenhuntly Road**

**Tutor: Benny Rosen**

Revive and improve your childhood Yiddish in a light-hearted, easy Yiddish conversation group, enhanced with DVDs and YouTube segments.

Prerequisites - None. Note - This course is open for all members during the second semester irrespective of their covid vaccination status

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**22LANY03: Yiddish Conversation and Reading**

**Type: Long Course**

**Dates: 08/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Tue 14:00 - 15:00**

**Location: Zoom Online course**

**Tutor: Fay Morris**

To continue to build on students' Yiddish knowledge. Fluency of speaking, reading and comprehension is required. We will continue to read the novel "Kiddush HaShem by Sholem Ash.

New people joining the classes must be proficient Yiddish speakers and must be able to read Yiddish. This is not a beginners classes.

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**22LANY04: Yiddish Intermediate**

**Type: Long Course**

**Dates: 09/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Wed 14:00 - 15:00**

**Location: Zoom Online course**

**Tutor: Fay Morris**

This is a continuing class. The aim is to continue building on students knowledge of spoken Yiddish and Yiddish reading. Fluency of speaking, reading and comprehension is required. We will continue reading Jewish History in Yiddish.

New people joining the classes must be proficient Yiddish speakers and must be able to read Yiddish. This is not a beginners classes.

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## Literature

**22LIT04: Book Group C**

**Type: None**

**Dates: 21/03/2022 - 21/11/2022**

**Frequency: Monthly, Mon 13:30 - 15:00**

**Location: Glenhuntly Gold Room 1151 Glenhuntly Road**

**Tutor: Maria Frederic**

We aim to expand our literary horizons by reading a variety of genres and we generally seek to source texts from local libraries and opp shops. One book will be chosen to read and discuss each month. The selection of books is decided by members so the reading list is diverse, and is an opportunity to read something not previously thought to be of interest. Individual views can differ so this provides an interesting and lively sharing of ideas & impressions in a non-judgemental and friendly manner. I will select and lead the first book. Everyone is given an opportunity to lead a book.

Members are to source their own books each month. I will supply a set of questions to help with evaluation and I also ask that you also come up with questions of your own to stimulate the class. The tutor loves reading and has extensive experience, in Customer Service, and Administration mainly within the Finance and Childcare Industries. Note - This course is open for all members during the second semester irrespective of their covid vaccination status.

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**22LIT03: Creative Writing**

**Type: Long Course**

**Dates: 11/02/2022 - 25/11/2022**

**Frequency: Fortnightly, Fri 9:30 - 11:00**

**Location: Glenhuntly Red Room 1151 Glenhuntly Road**

**Tutor: Virginia Lowe**

Different types of writing will be covered - poetry, short stories, novels and writing for children. An introduction about the particular genre will be followed by a writing exercise. Included will be a workshop-style class for people to share ongoing work, and advise each other.

Virginia has lectured at ACU and Deakin on children's literature, English literature and creative writing. She has written a book on children and books, plus numerous academic articles. Starting dates for first and second semester are 11 Feb and 15 July respectively. Tutor is fully vaccinated.

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## Music

**22MUS05: Gems of the Classical Music Repertoire**

**Type: Long Course**

**Dates: 08/02/2022 - 22/11/2022**

**Frequency: Fortnightly, Tue 13:00 - 14:30**

**Location: Glenhuntly Purple Room 1151 Glenhuntly Rd**

**Tutor: Andrew Kolb**

Watch and listen to the masters of Classical music. Music performed by elite musicians of the 20th Century. Share your love of music with others.

No prerequisites! Tutor is a VCA graduate in Music. Performed with Opera Vic and Opera Australia. A volunteer Tutor in music at U3A with 8 yrs. experience. Start dates for first and second semester are 8 Feb and 12 Jul respectively. Note that 1 Nov is a public holiday (no classes) and the next class will be on 15 Nov.

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**22MUS08: Music Great Moments - Fri**

**Type: Long Course**

**Dates: 18/02/2022 - 25/11/2022**

**Frequency: Fortnightly, Fri 11:40 - 13:00**

**Location: Glenhuntly Purple Room 1151 Glenhuntly Rd**

**Tutor: Henry Wenig**

What makes music great? An exploration.

Class runs fortnightly. This is a repeat of 22MUS01 Music Great Moments - Mon class. Therefore do not enrol in both 22MUS01 and 22MUS08. Enrol only in one course. Start dates for first and second semesters are 18 Feb and 22 July respectively. Please note that the tutor is fully vaccinated.

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**22MUS01: Music Great Moments - Mon**

**Type: Long Course**

**Dates: 14/02/2022 - 21/11/2022**

**Frequency: Fortnightly, Mon 11:30 - 13:00**

**Location: Glenhuntly Purple Room 1151 Glenhuntly Rd**

**Tutor: Henry Wenig**

What makes music great? An exploration.

Starting dates for Semesters 1 and 2 are 14 Feb and 18 Jul respectively. Class runs fortnightly. This is a repeat of 22MUS08 Music Great Moments - Fri class. Therefore do not enrol in both 22MUS01 and 22MUS08. Enrol only in one course. Please note that the tutor is fully vaccinated.

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**22MUS06: Opera Passion**

**Type: Long Course**

**Dates: 15/02/2022 - 22/11/2022**

**Frequency: Fortnightly, Tue 9:30 - 12:00**

**Location: Glenhuntly Purple Room 1151 Glenhuntly Rd**

**Tutor: Andrew Kolb**

Monteverdi to Puccini Great singers of the 20th Century Comparison of past & current singers

No prerequisites required. Tutor is a graduate of Opera and Music Theatre VCA. Sang with the Vic. State Opera and Opera Australia. Cantorial Soloist with Temple Beth Israel. Start dates for first and second semester are 15 Feb and 19 Jul respectively.

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**22MUS04: Recorder Ensemble**

**Type: Long Course**

**Dates: 09/02/2022 - 23/11/2022**

**Frequency: Weekly Course, Wed 9:30 - 11:30**

**Location: Glenhuntly Green Room 2-3 1151 Glenhuntly Road**

**Tutor: Katalin Holl**

Ensemble playing in a friendly, supportive environment The group plays on the soprano/alto/tenor/bass and contra-bass recorders covering a large variety of styles from different periods.

Members need basic sight-reading skills and reasonable fluency on one of the above instruments. Tutor Knowledge, Skills and Experience - Bachelor of Education/music - Graduate diploma in music education - Taught the recorder to children and adults It is the 8th year running recorder courses at Glen Eira U3A. Please note that the tutor is fully vaccinated.

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**22MUS03: Recorder Workshop**

**Type: Long Course**

**Dates: 11/02/2022 - 25/11/2022**

**Frequency: Weekly Course, Fri 9:30 - 11:20**

**Location: Glenhuntly Purple Room 1151 Glenhuntly Rd**

**Tutor: Katalin Holl**

This class caters for members who enrolled in the Wednesday "Recorder Ensemble" and would like a more detailed study of the work handed out.

Members need to be enrolled in the "Recorder Ensemble" class. Tutor Knowledge, Skills and Experience - Bachelor of Education/music - Graduate diploma in music education - Taught the recorder to children and adults It is the 8th year running recorder courses at Glen Eira U3A. Moved back to Purple Room from PC Room (CP - 07/04) Please note that the tutor is fully vaccinated.

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## Science

**22SCI01: Biology**

**Type: Long Course**

**Dates: 08/02/2022 - 25/11/2022**

**Frequency: Fortnightly, Tue 9:45 - 11:30**

**Location: ZOOM ONLY**

**Tutor: Reuben Urban**

If you have ever wondered how different parts of humans, or other animals and plants work, then this course is for you. We will cover specific systems and parts of living things, and explain them. In this course we will also look at evolution, energy systems, ecology, global warming and any other subject that comes up during the class.

Note that this is a Zoom Only Course throughout the whole duration of the course. Starting dates for semesters 1 and 2 are 8 Feb and 12 July, and then run fortnightly. Note that 1 Nov is a Public holiday; next class will be on 15 Nov (which is the last class for the year). Reuben taught High school science classes, including years 11 and 12 Biology, for 35 years and has been privately tutoring Biology until the beginning of Covid.

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