

PRESIDENT'S REPORT

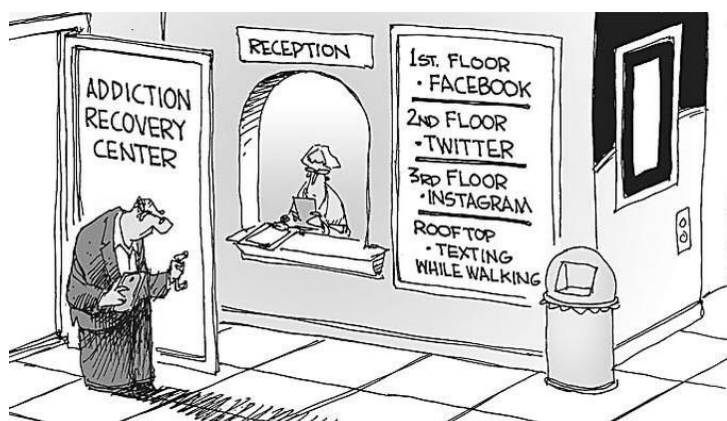
With the end of the 2019 courses just three months away, it has once again been a busy, challenging but successful period for our U3A, with a number of new classes commencing in this period, and new tutors joining our growing range of offerings.

The recent Recorder and Choir concerts again highlighted the talents of our membership.

With over 1200 members and 150 plus courses or activities Glen Eira U3A is a complex operation. This requires using a growing number of outside venues, and this year several courses had to be relocated away from our home base. But just as importantly there is an ongoing need for new volunteers and committee members to become actively involved in the day to day running of our U3A. Several members of our committee and volunteers have indicated their intention to step down and it is imperative that other members come forward in order that we can continue to operate all our services efficiently for the benefit of our membership. Please consider seriously whether you could become actively involved in the day-to-day running of your U3A.

Ongoing planning and work to upgrade facilities for future improvements to enhance our delivery of better and more efficient services to our members also requires support.

Garry Fabian
President



JOIN OUR TEAM

IMPORTANT COMMITTEE NOTICE

Our Glen Eira U3A is extremely successful and is run by volunteers for you. We enjoy modern facilities, smooth running of classes and the expertise of volunteer tutors who conduct their varied and interesting courses.

Like all successful organizations, ours does not run robotically. There are groups of people working diligently behind the desk, in the offices, in maintenance and in the garden.

Our committee is run by a small group of dedicated people. Unfortunately for various health reasons, our numbers are down. We are seeking a few proactive people to join us to keep our U3A wheels turning successfully and smoothly. If you are able to help please contact our secretary, Maggie Moulds mimoulds@optusnet.com.au.

We will all benefit from your valued involvement.



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Website: www.gleneirau3a.org.au

Office Hours: Monday to Thursday, 9.30 am to 3.00 pm;
Friday, 9.30 am to 12.30 pm

COMMITTEE, 2017/18

President: Garry Fabian
Vice President: Del Stitz
Secretary: Maggie Moulds
Treasurer: Jo Brown
Committee: Merv Barnett
Phillip Coleman
Elizabeth Goldberg
Ditta Libson
Jenny Shewan
Jack Edelman
Russell Stern

Course Co-ordinator: Del Stitz

Receptionist

Co-ordinator: Elizabeth Goldberg
Garden Co-ordinator: Monique Nugent
Events Co-ordinator: Jenny Shewan
Newsletter Co-ordinator: Heather Hudson
Email address: heathflo@inet.net.au

Dates to Remember

Annual General Meeting: Thursday, 31st October, 2 pm

Daylight saving commences: Sunday, 6th October

Term II ends: Friday, 22nd November

Art Show: Thursday, 28th November to Sunday, 1st December

KNITTING CIRCLE

The knitting circle meets every Thursday at 1:30 pm. The knitters have a range of abilities from beginners through to advanced. Our role has been to teach beginners and assist any knitters with reading patterns and all other aspects of knitting.

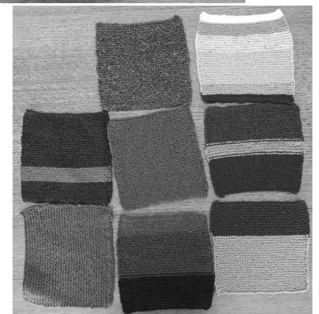
The types of items our knitters have been working on are scarves, children's jumpers, blanket squares, adult jumpers and items for babies such as beanies, blankets and jumpers.. Some knitters have been knitting scarves and beanies for the charity, KOGO – Knit One Give One, using either their own wool or wool that has been donated.

In August, I delivered scarves and beanies from our knitting group to KOGO (see the photos below). Well done everyone!

Thank you to all the knitters who attend. We are a warm, friendly group and happy to welcome new members.

Diane Shonberg and Sandra McMillan,

Tutors



At one point during a game, the coach called one of his 9-year-old baseball players aside And asked, "Do you understand what co-operation is? What a team is?" "Yes, coach", replied the little boy. "Do you understand that what matters is whether we win or lose together as a team?" The little boy nodded in the affirmative. "So," the coach continued, "I'm sure you know, when an out is called, you shouldn't argue, curse, attack the umpire or call him an asshole." Again, the little boy nodded in the affirmative. The coach continued, "And when I take you out of the game so that another boy gets the chance to play, it's not a dumb ass decision or that the coach is a shithead, is it?" "No, coach." "Good", said the coach. "Now go over there and explain all that to your grandmother."

ANNUAL GENERAL MEETING

Please show your support for Glen Eira U3A by joining us in celebration at the

Annual General Meeting at 2pm on Thursday, 31st October in the Green Rooms.

A number of things will happen at the meeting:

- You will be asked to accept the annual financial report.
- You will get to hear what Glen Eira U3A has done this year and plans for the future.
- You will be asked to vote to elect a new committee of management.

Our guest speaker will be Julia Dyer. Julia will provide tips on downsizing and decluttering.

There will be a celebratory afternoon tea to follow.

There will be no classes held on that day.

If you wish to nominate yourself, or someone else, for a position on the management committee, you will need to complete a nomination form which will be available from the reception desk. The form needs to be submitted to the President before or at the start of the AGM or emailed to gfabian@iinet.net.au at least 24 hours before the AGM.

Only financial members may attend and vote at the AGM. Any financial members not able to attend may appoint a proxy in writing. Forms to nominate a proxy can be obtained from reception.

Please come and help us celebrate another great year.

Maggie Moulds,

Secretary.

!! WE NEED YOU !!

Glen Eira U3A is totally dependent on volunteer effort. Some of our older volunteers say they deserve a well-earned break, at least for a while. So, we need to recruit more volunteers to keep us going strongly.

We need new people for our committee of management.

o If you've got energy to commit to how we can improve our U3A, please think about nominating for election at the AGM in October.

We always need new tutors with fresh ideas for next year.

o Fill in a form from reception to express interest in running a course.

We need reception and back office volunteers.

o Best if you are computer literate, but we will teach you to use our operational system, UMAS.

o Ask the reception or back office volunteers about it.

Help us keep the garden in good order.

o Volunteer for monthly working bees by leaving your contact details at reception for the garden coordinator, Monique Nugent.

Offer to help with events such as the Open Day, AGM, Concerts, Art Show, induction for new members.

For more information, talk to one of the Committee Members in the office who are on duty each half day.

Volunteering pays dividends!

Del Stitz,

A few things to keep you healthy –

Get a flu shot every year. It's free if you are over 65.

Shingles vaccine is free for those over 70.

Optometrists recommend checking eyes every two years.

If you are aged 50 to 74, you will receive a free at-home bowel cancer screening test in the mail every two years.

Women up to 74 should have cervical screening every 5 years.

Women 50 to 74 are eligible for free screening mammography.

Ageing well survey

Here is your chance to share your thoughts on what's important to you for ageing well. The Commissioner for Senior Victorians, Gerard Mansour, is running an ageing well survey which is open until 20 September 2019. Have your say now. Google 'Commissioner for Senior Victorians' to find the survey.



TUTOR PROFILE - Sue Arnold

The love of languages has always been an important element in Sue Arnold's life.



Born a fourth generation Australian, she grew up on a farm in Victoria's western district and, after graduation from university, took up teaching at secondary level, initially teaching French, English and Social Studies in her early teaching career, but eventually dropping French.

Living overseas for a number of years, including in France, she was drawn back to French. Returning to Melbourne she decided to further her 'French connection' and attended Melbourne University to facilitate this specialty. "I have always had an interest in Romance languages and so enrolled to learn Spanish. While there are marked differences between the two languages, both have a deep connection with Latin origins," she said.

She was involved in teaching at the Alliance Francaise and that led her to joining U3A when a colleague asked her to fill in at U3A. Initially she ran the French beginners class and in time extended her role as a tutor for advanced French.

While her involvement at U3A occupies quite a lot of her time, both in teaching and preparing materials for her course, her other interest is gardening, which has been a great interest for most of her life.

"It gives me satisfaction to share my knowledge with students and to provide the means for them to further their connection with the French language in the relaxed setting that U3A provides."

Garry Fabian

IMPROVE YOUR ENGLISH

Tutor: Denise Weiss

Denise Weiss asked her group to answer the following questions:

Why do you come to this class?

What have you gained by coming here?

What does U3A do for the older community?

Here are some of the answers that her class provided. These answers were corrected to a small degree by Denise and the editor has not edited them any further.

I come to this class because I like the way of teacher Denise teaching us English. She is very good teacher and I'm happy to be in her class. If I stay at home I will feel so bored. And I improved in U3A my level of English. I met so many people and made new friends and I'm very happy for that. In U3A so many different courses you can choose from. I do something what I enjoy.

Slavica Deletic

see page 6 also

KITCHEN MESS

Do you use the kitchen at the Glenhuntly campus?

It's a popular place, so there are lots of people moving in and out. Sometimes things get out of place, benches need wiping down, bins may need emptying etc. It is OK for any members to assist by doing this so that the kitchen is kept clean, tidy and hygienic for everyone to use. Designated volunteers will pack and unpack the dishwasher.

Thanks for your co-operation and help.

Repent O Scottish Sinner...

There was a Scottish painter named Smokey Macgregor, who was very interested in making a penny where he could, so he often thinned down his paint to make it go a wee bit further.

As it happened, he got away with this for some time, but eventually the Baptist Church decided to do a big restoration job on the outside of their large building. Smokey put in a bid, & because his price was so low, he got the job. So he set about erecting the scaffolding & setting up the planks & buying the paint & yes, I am sorry to say, thinning it down with water... Well, Smokey was up on the scaffolding, painting away, the job nearly completed, when suddenly there was a horrendous clap of thunder, the sky opened, & the rain poured down, washing the thinned paint from all over the church, & knocking Smokey clear off the scaffold to land on the lawn among the gravestones, surrounded by tell-tale puddles of the thinned & useless paint.

Smokey was no fool. He knew this was a judgment from the Almighty, so he got down on his knees & cried: "Oh, God, Oh God, forgive me; what should I do?"

And from the thunder, a mighty voice spoke:

"Repaint! Repaint! And thin no more."

ART APPRECIATION CLASS VISIT

Well, we vaguely knew about and had seen photographs of Aboriginal dot painting from the 1970s onwards, but our knowledge was otherwise alarmingly limited. Thanks to Allan Kleimann, Art Appreciation tutor, who arranged a visit to AMAGOA [Aboriginal and Modern Art Gallery of Australia] in Armadale, our understanding and appreciation were expanded markedly.

The visit was on 12th August, with the proprietor, Roy Allan, giving our group a detailed introduction to the art, painted by both men and women, predominately in the Central and Western Desert regions.

Roy provides the canvases and the acrylic paints for the artists, who still work on the ground as they did when they used to illustrate traditional stories in the sand. Dots are applied by using thin, tapered sticks or by syringes placed in small, soft plastic bottles, thus producing detailed, delicate, intricate designs. The paintings are enormously diverse in colour, technique and subject matter, according to the individual painter and the particular region: only a few are ochre-coloured. [One painting was a startling blue, and was almost 3-D]. If the painting is signed at all, it's on the back - "The painting IS the story."

The proprietor is passionate about Aboriginal art and has a great deal of respect for the artists, [alas, mainly older Aborigines]. He emphasised their detailed knowledge of and empathy for the bush.

Thank you again, Allan Kleimann, for arranging this visit to AMAGOA.

Margaret Y. Blight

See page 8 for some photos of a few of the paintings.

WILD MOUNTAIN THYME Recorder Ensemble Concert


In 2014 Katalin Holl initiated a Beginner's Alto Recorder Class. Some students struggled to blow the recorder while some couldn't read music. As time progressed ability and enrolments grew and a few pupils ventured to another type of recorder. Slowly the alto class transformed into an ensemble with a number of members playing two or three instruments.

On Sunday 16th June 2019, the 16 piece Glen Eira U3A Recorder Ensemble performed 'Wild Mountain Thyme' under the baton of conductor Katalin Holl.

Katalin discreetly began the physical preparation for this concert at the beginning of semester 1 gradually honing the skills of her players until a short list of musical items saw her and the ensemble practise, practise and keep on with more devoted practice. A credit to all for their determined resolve.

The program included music from the 16th to 20th century and featured Baroque, Renaissance, Traditional and Folk music of the British Isles, Europe, Asia and America, the concluding item being the Irish/Scottish 'Wild Mountain Thyme'.

Ctd. Next column



Calling all U3A artists

Just a reminder that we will be having our Annual Art Exhibition commencing on Thursday, 28th November, 2019.

So, keep on with your art/craft work and we will be emailing out the entry forms late September. If you have any queries, please speak to one of the art tutors.

Ctd from previous column

Interspersed with the ensemble performance were three guest soloists, namely, the baritone voice of Nick Sharman, the mellifluous tone of Kate Deneiffe-Cerny and the dulcet sound of Andrew Kolb. Each vocalist presented two songs.

Another pleasant dimension to the matinee was the audience (which included U3A Committee members) composed, interested and eager to applaud every rendition spontaneously.

Outside of the Green Rooms, Jenny Shewan and other members of the U3A committee spent time in the kitchen and foyer preparing tea, coffee and bikkies for after the concert. The Green Rooms and foyer became a hubbub of hellos, renewing of acquaintances, accolades and general socialising.

Other committee members were also instrumental in the concert's success. Norma Leipnik, a great help to Katalin and the ensemble on Wednesdays, had carried out preliminary promotion. On the day, in tandem with Sue Fournel, Norma handed out programs and ushered people to their seats. The pair took care of ongoing housekeeping. After the concert as the Green Rooms emptied even more members of the supportive U3A Committee began toiling away quietly, returning the numerous chairs to their respective rooms. Maggie Moulds with the chair trolley transported many seats pre and post concert. In time Glen Eira U3A class rooms would be returned to their 'as was' status and ready for Monday classes.



Lawrie Jones.

WOMEN AGED 50+ SEEKING EMPLOYMENT

WomanGoingPlaces.com.au

We have established WomanGoingPlaces.com.au as a social enterprise dedicated to helping women aged 50+ find work to generate a livable income.

Women aged 50+ are facing age discrimination when they try to find employment.

As a result, older women are spending up to 4 years on Newstart. Women on pensions are finding it difficult to find work to supplement their pensions.

WomanGoingPlaces.com.au is dedicated to matching older women with employers whom we mobilise to employ older women.

If you are looking for work, please email us at:

contact@womangoingplaces.com.au

You can also complete our survey about women 50+ seeking work:

<https://www.surveymonkey.com/r/8LGYSVCV>

Looking forward to hearing from you.

Augustine Zycher

Rosalie Zycher

Founders: WomanGoingPlaces.com.au

Improve your English class ctd.

U3A is a place that contributes a lot to our older population. The topics are interesting, the people who come here are very interesting, forming good connections. Denise's class helps me better my English knowledge and very nice person.

Rachel Sternstain

It's a place I can find to improve my English. More convenient to me. Mixed class. Happily my English improves. Helping people to do some activity and learn, and not sitting at home doing nothing. Keep people occupied.

Rebeka Winer

I come to U3A to know more English words, English literature, new expressions, grammar. Also I like to meet some new people from different countries. But more importantly we have a very good teacher, who gives us a lot of information and knowledge.

Eva

ART GALLERY VISITS



I made a suggestion to the Glen Eira U3A that I would organise visits to Melbourne's galleries. These visits have been running now for almost three years. The interest in exploring the art galleries and the styles from the contemporary to the more traditional has grown. We have explored our talented artists from far and wide across the globe.

We have enjoyed the informative talks and the many opportunities we have been fortunate to see and sometimes touch! It means so much!

We have been able to hear from the artists expressing their various styles on canvas, metal or stone. Our membership has grown. We have gained so much knowledge.

I want to express my gratitude to all the class members for supporting my interest once a month. It's on a Thursday (monthly) We go and take it nice and slowly. We are a friendly group.

Along the way we have a chat and chew and I get the time to give the members an overview.

I would like it to continue in 2020 perhaps with more to explore with the assistance from Helen and the U3A administration.

New members are welcome. You can contact me for further information by mobile phone 0404 725 504 or email leehirsh@gmail.com. You can drop me a line, that will be just fine!

Lee Hirsh



CERAMICS

If you wander into the Glenhuntly Pink Room on a Wednesday morning (or at lunchtime on a Thursday), chances are you'll be greeted by a hive of activity. According to the Ceramics class 9CRA05 course description: "This is a clay modelling class where participants initiate their own program of work. Problem solving and technical assistance are given by other experienced participants." Each class generally runs for a couple of hours.

Having finished up at work late last year at the end of a long career in IT, finally the time had come to unleash my inner potter and explore my more artistic/creative side. I had certainly come to the right place, a place where imagination could run wild: galloping horses, garden wall hangings with lilies and human faces, ceramic jewellery, vases and bowls and lots more – a veritable kaleidoscope of artistic expression.

In the Pink Room there are half a dozen tables arranged in a rectangle. Each serves as a workbench for two people. The lady who shares my table often brings me potplants grown from cuttings in her garden. For the past few months she's been working on a number of highly stylised glazed ceramic statuettes of a mother and child. In my mind they have a certain symbolism reflecting the supportive and nurturing environment of the class itself.

Although the atmosphere is very industrious – everyone is focused on their own individual masterpiece –helping hands and generous helpings of advice are always on offer. At the same time the atmosphere is very social, a constant background patter of conversation spanning a weird and wonderful array of subjects in both English and Hebrew. Occasionally someone brings in a cake or some other homemade delicacy to share. Class 9CRA05 is U3A at its best.

ANON

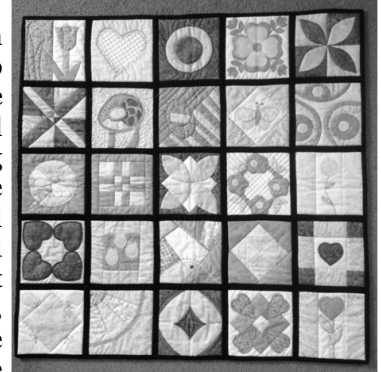
I have been told that the other clay sculpture class 9CRA06 is as equally friendly, involved in their art and creative as class 9CRA05. They meet on Thursday afternoon. Look out for the work of both these classes at our end of year Art Show commencing on Thursday, 28th November.

Editor.

QUILT-AS-YOU-GO CLASS

We are a small group of beginner quilters who love to talk and have become quite a close group.

Quilt-as-you-go is an easy way of learning to quilt, as you are working on a small square and then joining them together to make any size quilt. You will also learn how to fold your material, to cut out with a rotary cutter, hand applique, needle turn applique, machine quilting, colour matching, etc.



You need to supply your own sewing machine, material and rotary cutter. Advice is given on what to purchase. The main thing, which is too hard for some people, is that you need to bring your sewing machine to class on days when you will be machining (not every class). Your machine will need to be able to do a 3/4 inch seam and be in good working order. This is most important.

Judy Pobke

MY TEXTILE ART EXPERIENCE

What can I say? It's opened up a world of creativity that is within all of us. Sure there are rules and techniques to embrace but then you can let your inner spirit soar. My favourite element is that everything can be repurposed. Anything lost and found. Plastics, fabrics, fibres, papers etc. Synthetic or organic. All these can be juxtaposed to create something new and original. A lot of the work created can become functional. It can be framed, or become a cover for a notebook. Some of the students have made gifts for members of their family. There is no right or wrong. It's yours. It's a perfect expression of your interpretation.

We use sewing machines, heat guns, and even soldering irons, but without the solder. Don't worry they are very safe and great fun.

There is a camaraderie amongst the students and teacher. It's very sociable. After class you feel exhilarated. Stimulated to carry on work outside the class format or hook up with one of your class mates. Jill (our tutor) is great. She is very encouraging and easy going. There is no pressure to perform. You work at your own pace and there is always someone to help you.

Fay

(See back page for an example of the class's work.)

I was walking home last night and decided to take a short cut through the cemetery...3 girls walked up to me and explained that they were scared to walk past the cemetery at night,so I agreed to let them walk along with me.I told them "I understand...I used to get freaked out too when I was alive."

Never seen anyone run so fast

Textile Art class - a sample of their work. Using a soldering iron and free motion machining to create a layered fabric. Tutor: Jill Williams



A SMALL SELECTION OF WORKS ON SHOW AT
THE ABORIGINAL AND MODERN ART
GALLERY AUSTRALIA, 909 High Street,
Armadale



A small section of another very
large work

A large work

