

PRESIDENT'S REPORT

As we reach the end of 2019 and look back on what has been achieved at Glen Eira U3A over the last 12 months, once again we can say it has been a busy, successful and at times challenging year. We have seen a number of new classes introduced which have attracted considerable interest and waiting lists. We have welcomed a range of new tutors to facilitate these classes.

With the growing number of members – over 1200 – the pressure on accommodation keeps increasing and we now utilise a number of outside venues to provide suitable environments in which to conduct our classes and activities.

During Seniors Week, we conducted an open afternoon, providing a window of our physical campus, and presenting a snapshot of the range of our courses and activities to the public, demonstrating the scope of Glen Eira U3A to a new and wider audience as a means of attracting new members.

Glen Eira U3A runs totally on volunteers, be it on the committee, front and back office personnel and tutors, without whom we could not function. We thank them wholeheartedly. That also provides challenges, which now need to be carefully considered as a number of committee members and office volunteers have indicated that they will not continue to offer their services, and we need other members to commit themselves to fill these vacancies in order to continue to run efficiently and continue to deliver courses and services to our current and future membership.

We are hopeful that at the 2019 Annual General meeting which will take place on Thursday, 31st October we will see all committee places taken up. If you can offer a few hours once a week or once a fortnight, please consider becoming a volunteer at our U3A.

Having served two years as your president, I will not recontest the position, but will offer my services to serve on the committee. I would like to thank the executive, volunteers and the membership for the privilege of having served in that position and the co-operation and friendship that has been extended to me. Yes, as everywhere in life there have been some challenges from time to time, but these were just minor ones, and overall it has been a rewarding journey, and hopefully I have made a positive contribution to our U3A.

Garry Fabian
President

ALL WELCOME

ANNUAL GENERAL MEETING
THURSDAY, 31ST OCTOBER. 2 pm

The business for the year
Then the visiting speaker, **Julia Dyer**
Afternoon tea

U3A Valtonos

Presents

2019 End of Year Christmas Concert
Sunday 24 November

Location: Glen Eira U3A
1151 Glenhuntly Road Glenhuntly

Concert Start: 1.30pm
A delicious afternoon tea will be
served after the concert.



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Office Hours: Monday to Thursday, 9.30 am to 3.00 pm: Friday, 9.30 am to 12.30 pm

COMMITTEE, 2019/2020

President:

Secretary:

Treasurer:

Committee Members:

Course Co-ordinator:

Garden Co-ordinator:

Events Co-ordinator:

Newsletter Co-ordinator: Heather Hudson
Email address: heathflo@iinet.net.au

Dates to Remember

Annual General Meeting: Thursday, 31st October, 2 pm

Cup Day Public Holiday: Tuesday, 5th November

Last day of Term II, 2019: Friday, 22nd November

Choir Concert: Sunday, 24th November, 1.30 pm

Recorder Ensemble Concert: Sunday, 1st December, 1.30 pm

Art Show: Thursday, 28th November to Sunday, 1st December

SILLY QUIZ

(Check your answers p.6 I'm sure you'll get them all correct.)

1. Johnny's mother had three children. The first child was named April. The second child was named May.

.....What was the third child's name?

2. There is a clerk at the butcher shop, he is five feet ten inches tall and he wears size 13 sneakers

.....What does he weigh?

3. Before Mt. Everest was discovered, ...what was the highest mountain in the world?

4. How much dirt is there in a hole

.....that measures two feet by three feet by four feet?

5. What word in the English language

.....is always spelled incorrectly?

6. If you were running a race,and you passed the person in 2nd place, what place would you be in now?

7. Which is correct to say,

... The yolk of the egg are white or The yolk of the egg is white?

8. If a farmer has 5 haystacks in one field and 4 haystacks in the other field,how many haystacks would he have if he combined them all in another field?

9. What was the President's name ..in 1975? .

THANK YOU

Many thanks to Annette Clark for her assistance in editing the newsletter and to Margaret Y Blight for help with collating the newsletter each quarter.

Editor



How to Enrol for Courses in 2020

In 2020 we will operate over two semesters: 3 February to 26 June, and 13 July to 20 November. **Fees will be \$60 for members and associate members.** This is a membership fee for Glen Eira U3A. The membership fee is not refundable except in exceptional circumstances. The only separate fees charged for courses will be fees for consumables used in classes e.g. flower arranging.

You will be able to view the 2020 courses from Monday 4 November, either online or at the reception tables. Getting into some of our courses is very competitive. Therefore, we conduct enrolments in two rounds.

During the **FIRST round**, from **9.30 on Wednesday 13 November till close of business on Friday 15 November**, you can enrol in up to **three** courses, but only **one can be ART, one ESL and one EXERCISE.**

During the **SECOND round** from **9.30 on Wednesday 20 November** you can enrol in additional courses, up to a total of **five** full year courses, and any number of short courses.

As was the case last year, this year we expect all members to pay fees at the time of enrolment. Even if you are only wait-listed for a course, you must pay at enrolment.

Online enrolment

We encourage all members to enrol online using a credit or debit card.

Go to www.gleneirau3a.org.au. Choose 'Log In'. Enter your membership number from your badge, then enter the password you previously selected. We are encouraging all members to try logging in for practice before enrolments commence. If you have forgotten your password, you can press 'I have forgotten my password' and it will be emailed to you.

Then go to 'View or select Courses', and tick your selections. Press 'Confirm selections'. Select 'Finalise Courses,' and if necessary, 'Invoice and Payment'.

Your membership details and selections will then be displayed. Select 'Pay Invoice'. When the invoice displays, select 'Submit Payment'. You can then pay as a Paypal customer, or opt for the guest checkout by selecting 'Pay by Credit or Debit Card' and entering your details. Once you have enrolled and paid, you can either save or print the paid invoice for your records.

A telephone hotline is available if you need help with online enrolments **9572 2628**.

The rules for the two enrolment rounds apply to online enrolments.

In Person enrolment

You can be assisted to enrol in person at the Glen Huntly campus. You will need to complete a form indicating your selections in advance. Queuing tickets will be issued in the Green Room, only after your forms have been correctly completed.

Volunteers in the computer room will enter your selections, and produce two invoices for you to take to the payment counter. You can pay by credit card, debit card, cash or cheque.

The rules for the two enrolment rounds apply to in person enrolments.

Please be aware that the queues on the first day, Wednesday 13 November, are likely to be extensive. Note that the building will not open until 9am, and enrolments won't commence until 9.30. Please follow the signs to the Green Rooms to wait in comfort and ensure you have completed your form showing your selections. Please do not bring new members with you on 13 November. We have asked new members who wish to enrol in person to attend on 15 November to enrol in the first round.

Questions

Please direct questions to reception volunteers who will either answer or seek further information for you.

Maggie Moulds
Secretary

NEW TAI CHI TUTOR REQUIRED

After 20 years of excellent service to Glen Eira U3A, Tai Chi tutor Hanna Shevach is looking for a suitably qualified person to take over her classes next year. If you are that person, or you know of a suitable person, please contact the Course Co-ordinator: Del Stitz,
course-co-ordinator@gleneirau3a.org.au

SUMMER SCHOOL

9GAM19 Bridge Duplicate Summer School
Glenhuntly Green Rooms 1-3 Liz Brady
04/12/19 Wed 12:15 5 weeks

Do you want to get prepared to enrol online? Try to log in during week: 28 October to 1 November

If you would like to practise enrolling online, then have a go by following these instructions.

LOGIN

Go to www.gleneirau3a.org.au and choose "Log In".

You will need to enter your membership number and your password.

Your membership number is on your badge

Your password will be:

If you are a long term member, the last four digits of your telephone number (or your mobile if you have no landline)

If you are a very recent member, the last five digits of your telephone number (or your mobile if you have no landline) or

Another password that you chose yourself when you enrolled.

If you try a couple of times and your password is not working, you can select "I have Forgotten My Password" and it will be emailed to you.

If you try a couple of times and have a problem, then you can ring the helpline 9572 2628 and someone will help you or get back to you later.

When you are logged in, you can be confident that you can login in future and enrol online when enrolments are open.

ENROL

Once you are "logged in" you can practise enrolling in a course by clicking on "View or select Courses" (left hand menu) and, when the course list appears, go to the bottom of the page. Here you will see 3 courses listed:

- 9TESTo1 Admin Test Course 1
- 9TESTo2 Admin Test Course 2
- 9TESTo3 Admin Test Course 3

You can practise enrolling in any of these 3 courses by clicking in the "tick box" at the left edge of the course and then clicking on the "Confirm Selections" box. When the new page appears, click "Finalise Courses", and if necessary, "Invoice and Payment".

Your Member Details will then be shown, and by going to the bottom of the page, under "Enrolments and subscription", you will see that you have been enrolled in the course you ticked.

Peter Froment
IT Systems Administrator

TREE TRUNKS

Tree trunks can be found in a myriad of fascinating colours, and rough and smooth barks.

Nature is wonderful and unfortunately most of us spend very little time soaking up the amazing sights and sounds that abound in rural areas.

Our planet Earth is unique in the multitude of galaxies in the universes that man has been able to probe with the most powerful optical and radio telescopes such as the Hubble Telescope.

Allowing life to exist as we know it there needs to be a number of elements and factors: the main ones being water, the correct temperature, oxygen/nitrogen, gravity, evaporation and one of the most important little creatures, the humble insects that pollinate most of our crops.

Animals, birds, fish, insects and numerous other species all play their part in making our world what it is for our and their existence. The only real problem in the equation is 'man' who is intent on ruining the planet and will succeed in a very short space of time the way things are progressing.

It seems power and greed instead of love, caring and sharing will win out with devastating results. I fear for our grandchildren and future generations who will be the ones to suffer.

Merv Barnett
Committee Member

See back page

ASKING FOR VOLUNTEERS for SUPPER PREPARATION AND SERVICE

I need a few people to help set up the food, cups and saucers, etc., and to serve and clean up for the Opening Night of the Art Exhibition on Thursday, 28th November from about 5.00 p.m. Your help would be greatly appreciated.

If you are available please put your name and contact details on the list on the notice board at Glenhuntly campus, or call me on 0430 730 905.

When someone asks what I did over the weekend, I squint and ask, 'Why, what did you hear?'

WHAT BETTER WAY TO FINISH THE OFF YEAR?

After the Art Show, come and listen to the

Recorder Ensemble

Sunday, 1st December at 1.30 pm

in the Green Rooms, Glenhuntly Campus

then enjoy some afternoon tea.

MY MISTAKE Quilt-as-you-Go

In the last newsletter I made a mistake in the article regarding the Quilt-as-you-Go class. My apologies to all for this error!

It was mentioned that members need to bring along their own sewing machine which is capable of doing a seam which was incorrectly stated as being 3/4 inch. This should have been **capable of doing a 1/4 inch seam.**

Intending class members— please take note of this correction.

Editor.



RECYCLED GLASSES

Thank you to all those members who have contributed to the collection of used spectacles, a project providing sight for people in third world countries.

Please be aware that the cases are not forwarded to the Recycle Depot in Brisbane because of prohibitive costs, so don't leave those in the box.

The collection box is situated on the table to the left of the door to the office. Further contributions are welcome.

Margaret Nelson

Glen Eira U3A Annual Art Exhibition

Thurs 28th Nov - Sun 1st Dec 2019

Opening 6pm Thursday 28th November

Official Opening and awards presented at 7pm.

This year's judge is Ben Winspear



Gleneira U3A Campus

At 1151 Glenhuntly Rd.,

Glenhuntly (Behind Woolworths Supermarket)

Open to public

10am – 5pm Friday and Saturday

10am – 1pm Sunday

A variety of artwork including painting, sculpture, cards and craft work by U3A members will be on display and for sale.

Proudly supported by Glen Eira City Council

I had my patience tested. I'm negative.

When one door closes and another opens, you are probably in prison.

DECLUTTERING

Definition: Verb, to simplify or get rid of mess, disorder, complications, etc., from your life (other objectives—self care).

This is not a 'how to' guide. It's just a few thoughts that popped into my head in the few minutes I thought about decluttering, a popular activity of modern day living.

You're on the move - you've made the decision. You're downsizing after 35 years, maybe even more, of accumulation of 'stuff', of 'stuff' that maybe you don't really need. Surely you can live without it, or without some of it, without 50% of it? Think carefully about the trauma of the decision. Alternatively think how sensible this action will be.

What is the point of all those separate piles? The op-shop pile, the give-away pile to family and friends, the Ebay pile, then there's all the rest you're going to pack to take with you, a fair proportion of which will go into your new storage space which may be costing you extra money. 99% of those boxes will never be opened again. Answer: cull and cull again.

These decisions all come under the heading of 'self-care'.

After the decluttering event, after the self-satisfying feeling of shedding, you feel cleansed. And now comes the final test: how to stop yourself from racing off to the first mid-season sale to see what you really can't live without.

Yvonne Shelling Roving Reporter

Here are the answers to the silly quiz see

p.2

1. Johnny of course

2. Meat.

3. Mt. Everest; it just wasn't discovered yet.

4. There is no dirt in a hole.

5. Incorrectly

6. You would be in 2nd. You passed the person in second place, not first.

7. Neither, the yolk of the egg is yellow

8. One. If he combines all of his haystacks, they all become one big one.

9. Same as is it now - Donald Trump

VISITING SPEAKER AT PERSPECTIVES

The Perspectives speaker on 1st October was Dave McNamara, CEO of Foodbank Victoria. He was a restaurant chef at Crown Casino when he felt that he could contribute in a far more positive way to society, so he worked at City Mission to provide lunches for 200 people a day. He wrought some changes there, aiming to provide healthier meals instead of the previous pizza/hot dog/ sausage rotation. The area also became more of an all-day social centre.



Then he moved to Foodbank Victoria, the largest food relief charity in Victoria, with its distribution centre in Yarraville. [It also opened a centre in Ballarat last year]. In Victoria, 115,000 people are fed each month. Dave talked mainly about supplying breakfasts to hundreds of the most disadvantaged children in government primary schools. With such a program, there's been a marked

increase in school attendance and participation. Some students are given food parcels in their backpacks to help them over the school holidays. All this is done in a quiet way, so no embarrassment is caused. Dave also mentioned that country areas suffer more than their city counterparts regarding food distress: sometimes a Foodbank worker will approach a rural farming family, only to be told, "Oh - you must have the wrong address - it's 'Steve' over the road." When 'Steve' is approached, it's, "Oh - you must have the wrong address - it's 'John' over the road." In other words, it's difficult for these people to admit that they need help. Dave also mentioned that one MP [party unnamed] told Dave that any family facing hardship in Melbourne could just downsize to a country area, despite that finding a job would be a real problem, as would cutting off a sense of community built up in the city and suburbs. On the other hand, Dave emphasised that Daniel Andrews is a strong supporter of Foodbank. Of course, like many organizations, Foodbank does rely heavily on volunteers.

Another scheme is the Farmers to Families mobile market, using a truck to deliver food to regional areas, in particular East Gippsland, hard hit by the drought also affecting Queensland and NSW.

The emphasis is always on fresh food, and Foodbank is looking to supply lunches to school students as well.

Dave McNamara is a truly unassuming, inspirational man - and made all of us realize that we take three meals a day for granted.

For more information: Google 1. Dave McNamara
2. Foodbank Victoria.

Margaret Y. Blight.

IMPROVE YOUR ENGLISH

Tutor: Denise Weiss

A reminder:

The following contributions are some more of the students' work which has been corrected to some degree by Denise, but not at all by the editor. Students were asked to answer the following questions:

Why do you come to U3A? Why do you come to this class? What have you gained by coming here?

I come to U3A to improve my English. It's a warm place by the further training. I have gained the good company, the best teacher, interesting lessons. U3A is very successful project for older people—it's very useful. We have a friendly atmosphere of freedom, peace and security due to teachers, administration. Thank you very much.

Yvgeny

+++++

I come to U3A because I found a lot of benefits in this institution like learning English, painting, dancing and other interesting subjects. It is very friendly place. I come to class "Improve your English" because I literally want to improve my English. Thanks to my teacher Denise I think that I do it successfully. By coming here I learned better reading, understanding and speaking English. Coming to U3A brings older community to socialise together, to have interesting conversations and discussions. And not stay alone at home.

Zita Sadetsky

+++++

I come to U3A because it offers a lot of interesting courses for pensioners. I come to this class to improve my English, especially, speaking and listening. I have widened my vocabulary, have more chance for speaking and listening to good English. U3A helps pensioners to feel a part of the community.

Ludmilla Darydora

My other life as a member of a Bolivian panpipe marching band

I have recently joined Glen Eira U3A, participating in the choir and the recorder group. Having just retired from working as a meteorologist at the Australian Bureau of Meteorology after 30 years, I wanted to spend more time playing music.

While posted to Perth in the 1990s I developed an interest which continues to this day in Bolivian panpipe music. A Belgian musician by the name of Alain Thiron was passionate about panpipes and Alain formed a group in Perth called Suri Sicuri. I had a friend in the group and she convinced me to join, as there were other members who were very new to playing panpipes. The special thing about Suri Sicuri was that the panpipes were played in the pre Columbian way, the way the Incas played prior to the arrival of the Spanish. This involved the pipes, which nowadays in South American bands are usually played as a paired set where the player blows across two lines of pipes, being split into two. One set, called 'Arca', is played by one person and the other set, called 'Ira' is played by another person. This means any tune needs two people working together to play it. Also the pipes were accompanied only by drums: there were no guitars, charangos or other instruments that were added after the arrival of the Spanish.

The other interesting characteristic of this style is that it is played in groups, usually 30 or more, and it is played while walking. In the olden days and even today in rural Bolivia, players (only men) and women who dance travel from one village to another. They play specific tunes as part of specific rituals at certain times of the year: at the start of the harvest, to stop hail damaging their crops, to appease their gods and many others. I now play in a Melbourne version of Suri Sicuri, the 'Zamponistas'. If you are interested, have a chat with me, google sicuri (best first link is in Spanish, then follow your nose) or the Zamps home page at zamponistas.com. The Zamponistas will be playing at the Newstead Live folk festival on the Australia Day weekend in January 2020.

Tony Bannister



Tony is the taller man with the white beard at the back of the group



Eucalyptus

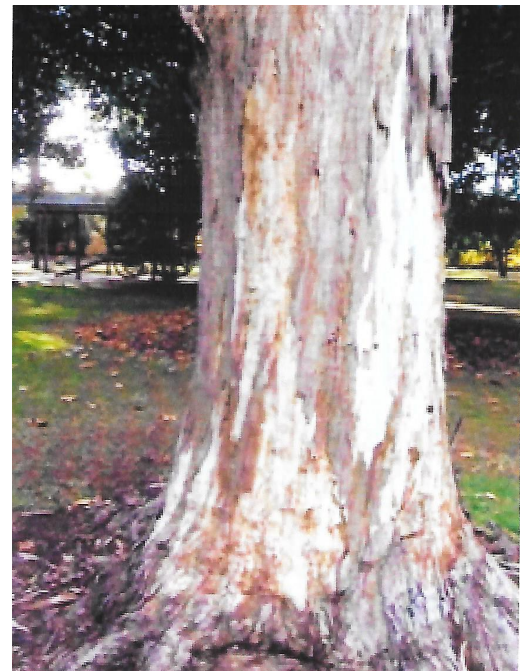


Paperbark Cherry Tree

TREE TRUNKS All very different and interesting
 Photos **Merv Barnett**, Heather Hudson
 See p. 4



Puzzle bark on an
 elm tree



Eucalyptus



Rainbow Eucalyptus



Tibetan Cherry Tree